



# West Coast Aikido 2025 Training Schedule

Tel: (08) 9309 6506

wcaikido.com



## Membership Options

**Basic:** Two (2) Classes Per Week

**Black Belt Club:** Up to Four (4) Classes Per Week / Free Entry to Quarterly Workshops & Events / Access to Online Training Videos

**Little Warriors:** 4 to 6 Years

**FIT to FIGHT:** Fitness Boxing

**Mighty Warriors:** 7 to 12 Years

**Private Lessons**

**Teen & Adult:** 13 Years & Up

By appointment only. Please see our reception to book your classes.

**BLACK BELT CLUB**

**Mighty Warrior / BBC** – Rotate Tuesday & Wednesdays (Kickboxing with Sensei Gordon) & (Applied Weapons with Sensei Ross)

**Teen/Adult Wednesday Combatives Class** – Rotating curriculum comprising the best techniques for self-defence from Aikido; Japanese JJ; BJJ; Boxing & Kick boxing, including weapons defences. (Basically BUDO)

### Please Note:

Please refer to the Calendar of Events on our website and noticeboards at the dojo for dates and times of seminars.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun	
<b>AM Classes</b>						<b>Teen / Adult</b> (All Ranks) 7:30 AM - 8:30 AM  <b>** Little Warrior</b> 9:30 AM - 10:00 AM  <b>** Mighty Warrior</b> (All Ranks) 10:00 AM - 10:45 AM  <b>** Teen / Adult</b> (All Ranks) 11:00 AM - 12:00 Noon	No Classes
	<b>FIT to FIGHT</b> (Fitness Boxing) 10:00 AM - 10:45 AM		<b>FIT to FIGHT</b> (Fitness Boxing) 10:00 AM - 10:45 AM				
<b>PM Classes</b>							
	<b>Teen / Adult</b> (All Ranks) 12:00 Noon - 1:00 PM		<b>Teen / Adult</b> (All Ranks) 12:00 Noon - 1:00 PM		<b>** Last Saturday of each month is Family Aikido class</b>	No Classes	
<b>Young Leaders Class</b> 4:00 PM - 4:30 PM	<b>Little Warrior</b> 4:00 PM - 4:30 PM	<b>Little Warrior</b> 4:00 PM - 4:30 PM	<b>Little Warrior</b> 4:00 PM - 4:30 PM				
<b>Mighty Warrior</b> (White to Orange) 4:30 PM - 5:15 PM	<b>Mighty Warrior</b> (Blue/White & above) 4:30 PM - 5:15 PM	<b>Mighty Warrior</b> (White to Orange) 4:30 PM - 5:15 PM	<b>Mighty Warrior</b> (Blue/White & above) 4:30 PM - 5:15 PM				
<b>Mighty Warrior</b> (Blue/White & above) 5:15 PM - 6:00 PM	<b>Mighty Warrior</b> <b>BLACK BELT CLUB</b> 5:20 PM - 5:50 PM	<b>Mighty Warrior</b> <b>BLACK BELT CLUB</b> 5:20 PM - 5:50 PM	<b>Mighty Warrior</b> (White to Orange) 5:15 PM - 6:00 PM	No Classes			
	<b>Mighty Warrior</b> (White to Orange) 5:30 PM - 6:15 PM	<b>Mighty Warrior</b> (Blue/White & above) 5:30 PM - 6:15 PM					
<b>Teen / Adult</b> (All Ranks) 6:15 PM - 7:15 PM	<b>Teen / Adult Advanced Training</b> (Purple & above) 6:15 PM - 7:00 PM	<b>Teen / Adult</b> (All Ranks) 6:15 PM - 7:15 PM	<b>Teen / Adult</b> (All Ranks) 6:15 PM - 7:15 PM				
	<b>Teen / Adult</b> (All Ranks) 6:30 PM - 7:30 PM	<b>Teen / Adult</b> <b>BLACK BELT CLUB</b> <b>COMBATIVES CLASS</b> 7:00 PM - 8:00 PM					