WEST COAST AIKIDO MARTIAL ARTS ACADEMY



WOMEN'S SELF DEFENCE

4 - WEEK COURSE

- PRACTICAL SELF DEFENCE SKILLS
- BUILD CONFIDENCE
- GET FIT & STRONGER
- SUPPORTIVE ENVIRONMENT

STARTING
24TH NOVEMBER
UNTIL 15TH DECEMBER
(4-WEEK COURSE)

EVERY TUESDAY NIGHT
6:15 PM - 7:15 PM

COST:
$139
INCLUDES A PAIR OF BAG MITTS



BRING A FRIEND AND GET
15% OFF

LIMITED SPOTS AVAILABLE!
BOOK NOW

SECURE YOUR PLACE TODAY!

- LEARN REAL SELF DEFENCE TECHNIQUES
- IMPROVE AWARENESS AND SITUATIONAL SAFETY
- SUITABLE FOR ALL FITNESS LEVELS

CONTACT US:

- (08) 9309 6506
- 0400 264 700
- sensei@wcaikido.com
- 1a, 30 Buckingham Drive, Wangara